

WEEK 3

NUTRITIOUS

THREE WEEK MENU

£2.95

AUTUMN/WINTER 2026

Our new menu chosen by parents and children – Your favourites available every day



Chartwells
Schools

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Homemade Cheese and Tomato Pizza with Potato Wedges  	Bacon and Pea Pasta Bake with Garlic Bread 	Roast Pork with Roast Potatoes and Gravy	Beef Bolognese with Wholewheat Pasta  	Fish Fingers with Chips
OPTION 2	Red Pepper and Nut-Free Pesto Spaghetti 	Chinese Vegetable Noodles  	Quorn Roast with Roast Potatoes and Gravy 	Cheesy Bean and Rice Burrito  	Quorn Dippers with Chips 
OPTION 3	Jacket Potato with Cheese or Baked Beans  	Jacket Potato with Cheese, Baked Beans, Tuna Mayo or Salmon Mayo 	Jacket Potato with Cheese or Baked Beans  	Jacket Potato with Cheese, Baked Beans or Tuna Mayo 	Jacket Potato with Cheese or Baked Beans  
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
OPTION 4	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta  	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta  	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta  	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta  	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta  
OPTION 5	Ham or Cheese Sandwich	Ham, Cheese or Tuna Mayo Sandwich	Ham or Cheese Sandwich	Ham, Cheese or Tuna Mayo Sandwich	Ham or Cheese Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Oat Cookie with Fruit Slices  	Berry Blondie with Fruit Slices 	Banoffee Mousse	Apple and Golden Syrup Sponge	Vanilla Ice Cream

AVAILABLE DAILY



FRESH FRUIT, SALAD, MILK, WATER AND FRESHLY BAKED BREAD
YOGHURT AVAILABLE TUESDAY & THURSDAY

 Vegetarian  Vegan  Oily Fish  Fruity!  Wholegrain

 Nutritionist's Choice

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W/C: 16/11/2026, 07/12/2026, 28/12/2026, 18/01/2027, 08/02/2027, 01/03/2027, 22/03/2027
Menu_217_029580

WEEK 1

FRESH!

WEEK 2

HOT DISHES

TASTY

DELI DISHES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Homemade Cheese and Tomato Pizza with Potato Wedges 🌱 🍷	Pork Sausage Bites with Mashed Potato and Gravy	Roast Chicken with Roast Potatoes and Gravy	Minced Beef and Onion Pie with Mashed Potato	Fish Fingers with Chips
OPTION 2	Creamy Garlic Pasta 🌱	Sweet Potato & Lentil Curry with Wholegrain Rice 🌱 🍷 🍷	Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy 🌱 🍷	Yellow Vegetable Curry with Wholegrain Rice 🌱 🍷 🍷	Veggie Fingers with Chips 🌱
OPTION 3	Jacket Potato with Cheese or Baked Beans 🌱 🍷	Jacket Potato with Cheese, Baked Beans or Tuna Mayo 🍷	Jacket Potato with Cheese or Baked Beans 🌱 🍷	Jacket Potato with Cheese, Baked Beans or Tuna Mayo 🍷	Jacket Potato with Cheese or Baked Beans 🌱 🍷
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
OPTION 4	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱 🍷
OPTION 5	Ham or Cheese Sandwich	Ham, Cheese or Tuna Mayo Sandwich	Ham or Cheese Sandwich	Ham, Cheese or Tuna Mayo Sandwich	Ham or Cheese Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Lemon Cookie 🌱	Jelly with Fruit Slices 🌱	Crispy Crackle Bar with Fruit Slices 🌱	Jam Slice	Chocolate Ice Cream

HOT DISHES

DELI DISHES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Homemade Cheese and Tomato Pizza with Potato Wedges 🌱 🍷	Chicken, Cheese and Ham Turnover with Herby Diced Potatoes	Roast Gammon with Roast Potatoes and Gravy	Chicken in Katsu Sauce with Wholegrain Rice 🍷	Fish Fingers with Chips
OPTION 2	Tomato & Pepper Pasta Bake with a Garlic Doughball 🌱 🍷	Chinese Vegetable Rice 🌱 🍷 🍷	Quorn Roast with Roast Potatoes and Gravy 🌱	Macaroni Cheese 🌱	Quorn Dippers with Chips 🌱
OPTION 3	Jacket Potato with Cheese or Baked Beans 🌱 🍷	Jacket Potato with Cheese, Baked Beans or Tuna Mayo 🍷	Jacket Potato with Cheese or Baked Beans 🌱 🍷	Jacket Potato with Cheese, Baked Beans or Tuna Mayo 🍷	Jacket Potato with Cheese or Baked Beans 🌱 🍷
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
OPTION 4	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱 🍷
OPTION 5	Ham or Cheese Sandwich	Ham, Cheese or Tuna Mayo Sandwich	Ham or Cheese Sandwich	Ham, Cheese or Tuna Mayo Sandwich	Ham or Cheese Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Ginger Biscuit 🌱	Apple and Berry Crumble with Custard 🌱 🍷	Jelly	Chocolate Brownie 🍷 🌱	Strawberry Ice Cream

AVAILABLE DAILY



FRESH FRUIT, SALAD, MILK, WATER AND FRESHLY BAKED BREAD
YOGHURT AVAILABLE TUESDAY & THURSDAY

🌱 Vegetarian 🌱 Vegan 🐟 Oily Fish 🍷 Fruity! 🍷 Wholegrain

🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

W/C: 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027, 15/02/2027, 08/03/2027

AVAILABLE DAILY



FRESH FRUIT, SALAD, MILK, WATER AND FRESHLY BAKED BREAD
YOGHURT AVAILABLE TUESDAY & THURSDAY

🌱 Vegetarian 🌱 Vegan 🐟 Oily Fish 🍷 Fruity! 🍷 Wholegrain

🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

W/C: 09/11/2026, 30/11/2026, 21/12/2026, 11/01/2027, 01/02/2027, 22/02/2027, 15/03/2027